

# tints of nature™

## Changes Semi-Permanent Hair Colours

### Colour Selection and Grey Coverage

Changes is designed to work on natural hair and is not recommended for use on hair that has been previously lightened more than one shade.

The colour number signifies the depth of colour; 3 is the darkest and 7 the lightest. To select a colour, first work out what your natural base colour is. You can do this by comparing your hair with the swatch ring or colour selector guide on the leaflet. Please see the colour selection chart below:

Changes Colour	Your Natural Hair Colour		
	Light	Medium	Dark
3CB Dianthus Dark Chestnut Brown	Not recommended	YES	YES
5NB Cassia Natural Light Brown	YES	YES	YES
5GB Felicia Light Golden Brown	YES	YES	YES
7GB Allamanda Golden Blonde	YES	YES	Not recommended

Changes are not primarily designed to cover grey hair, although in many cases, the Changes colours can cover up to 70% of grey hair and cover those first signs of grey.

### Directions for Use:

An instruction leaflet is included in each colour box.

Always carry out a sensitivity test before you use Changes Semi-Permanent Hair Colours. We also strongly recommend that you do a strand test before use, particularly if you are using a shade for the first time or over other hair colours.

### Ingredients:

Changes semi-permanent hair colours are formulated with plant and vegetable extracts for damage-free results. The colours are 100% free from ammonia, PPDs, resorcinol and parabens.