

Highlight / Lightener Kit

Instructions

before you start

- DO NOT USE THIS PRODUCT on broken skin or an irritated scalp.
- Only use this product on scalp hair. DO NOT USE THIS PRODUCT on any other body hair, including eyebrows and eyelashes.
- DO NOT USE THIS PRODUCT if your hair was previously bleached, coloured, lightened, or spray lightened with Henna or products containing metallic salts.
- This product may not be suitable for hair that was previously bleached, coloured or permed. If you seek further clarity, please contact Herb UK.
- This product is not recommended for use during pregnancy.
- This product may not be suitable for very dark brown or black hair – always take a strand test prior to use.
- For very thick or long hair, you will need more than one pack to ensure a full head application.

you will also need

- A timer
- Old towels
- Cotton-wool buds
- Protective clothing (old clothing or towel)
- Paper towels
- Barrier cream (Vaseline)

cautions and useful advice

- Read all instructions carefully.
- Always do a skin test before application.
- Always do a strand test before application.
- Always store the product in a cool dry place away from direct sunlight.
- Always use the product on clean, dry hair.
- Keep out of reach of children.
- Use in a well ventilated area.
- Protect all clothing and furnishings from contact with the product.
- Only use non-metallic mixing and application tools.
- Always discard unused product.
- Do not ingest this product.
- Always use the plastic gloves provided throughout the whole lightening process.
- If products come into contact with your eyes or face, rinse immediately with cool water. If irritation persists, seek medical advice.
- For more information please contact Herb UK.

skin & strand tests

- Always carry out the skin and strand test even if you have used this product before.
- Using a plastic teaspoon, mix half a teaspoon of powder lightener with one and a half teaspoons of cream activator in a plastic container, mix thoroughly to a smooth paste. (If using the Hair Lightener Kit, add half a teaspoon of protective oil and blend to a smooth cream).
- **Skin Test.**
 - o Wash and dry a small patch of skin behind your ear;
 - o Apply a small amount of the product to the cleansed area with the cotton-wool bud;
 - o Leave for 24 to 48 hours. If, during this time period, any irritation occurs, wash off immediately with cool water and do not use the product.
- **Hair Strand Test.**
 - o Take a few strands of hair from just inside your hairline and apply the mixture. Leave on for ten minutes, wipe clean using a paper towel, and assess lift. If not the desired lift, re-apply and check every ten minutes. When the desired amount of lift is reached, write down the total time; this will be your recorded development time. If, during the test, the hair begins to heat or degrade, rinse off and do not proceed with the full application;
 - o Record your personal development time in the box below;
 - o Results may vary when using the product in a mixture of natural and coloured hair. Refer to the strand test.

Natural Hair Colour	Recommended Approximate Development Times	Record Personal Development Times
Fair	15 to 45 minutes	
Light Brown	20 to 45 minutes	
Medium Brown	25 to 45 minutes	
Dark Brown	35 to 45 minutes	

preparation

- For the Highlighting Kit, prepare the hair first: refer to 'Application Instructions: Highlighting Kit'.
- Always wear the plastic gloves provided.
- Empty the remaining lightening powder from the sachet and the bottle of cream activator into the mixing tray. Mix thoroughly to a smooth creamy consistency using the brush provided. (If using Hair Lightener Kit, add the protective oil and blend to a smooth cream).
- Apply mixture with tinting brush immediately and follow application and techniques.

application instructions: hair lightener kit Virgin Head (first time user)

- STEP 1: Beginning at the front hairline and moving down the sides, brush the mixture into the hair.
- STEP 2: If you are putting lightener onto long hair, brush the mixture onto the ends of the hair, wait for 15 minutes, then continue to the roots.
- STEP 3: Cover your treated hair with a cap and allow to develop according to your recorded development time.
- STEP 4: Take the cap off and rinse. Then shampoo to remove remnants of the mixture and condition.

application instructions: highlights kit Highlighting

- STEP 1: Brush clean, dry hair back from the hairline. Pull on the highlighting cap from the front hairline and tie under the chin.
- STEP 2: Using either the metal hook for fine highlights or the plastic hook for thicker highlights, pull strands of hair through the holes in the cap (marked with a cross). For a very blonde effect, use every hole; for a soft blonde effect, use every alternate hole.
- STEP 3: Starting at the front, apply the lightening mixture to the hair that has been pulled through the cap.
- STEP 4: Cover with the plastic cap and develop for the duration of your recorded time.
- STEP 5: Remove the development cap and rinse your hair thoroughly with warm water. Take the highlighting hat off and shampoo to remove remnants of the mixture, and condition.

Treating Re-growth

- STEP 1: Apply to the re-growth area - take care not to overlap onto the previously lightened hair.
- STEP 2: For treating roots of highlights, pull the highlighted hair through the highlighting hat and brush the lightening mixture onto the dark roots only.
- STEP 3: Cover your treated hair with a cap and allow to develop according to your recorded development time.
- STEP 4: Remove the development cap and rinse your hair thoroughly with warm water. Take the highlighting hat off and shampoo to remove remnants of the mixture and condition.

troubleshooting

Problem	Probable Cause	Suggested Remedy
Damaged/broken hair	Leaving the mixture on hair too long.	Always complete your personal development time when taking the strand test and use the guide during application.
	During root application, applying mixture to previously lightened hair.	Use Tints of Nature Conditioner and take another strand test before re-applying any more product.
	Using heat whilst applying the lightener.	Follow instructions and NEVER use heat with Tints of Nature lighteners.
Damaged/broken hair continued	Applying the lightener to hair that has been previously lightened using a spray-in hair lightener (that contains metallic salts) or Henna product.	If you have used any spray-in metallic salts product always do a strand test, and if the hair heats up or has a reaction do not use lightener until existing hair colour has grown out completely.
Uneven colour	Poor application of product.	Identify dark areas, and after taking another strand test, re-lighten if underdeveloped.
	Lightener mixed badly, lumps in it.	Use Tints of Nature Conditioner and prepare new lightening mixture, combing ingredients carefully, thoroughly and more slowly. After a strand test, re-apply product.
	Not enough product.	When lightening very thick or long hair, you may need 2 packs.
Roots not light enough	Wrong ratio of lightening powder to cream activator.	After taking another strand test, re-lighten taking care to measure quantities carefully.
	Under-timed.	After taking a strand test, re-apply the product, using your personal development time.

Hair not light enough	<p>Base colour too dark for the strength of lightener.</p> <p>Lightening mixture too weak (volume of peroxide too low).</p> <p>Lightener not left on hair long enough, insufficient development time.</p>	<p>Take a strand test and re-apply.</p> <p>Ensure you complete your personal development time when taking a strand test and use as a guide for development time.</p>
Hair over-lightened	Remains of permanent tint.	<p>Always apply lightener to mid lengths and ends before root area and refer to instructions before applying.</p> <p>Take a strand test and re-apply to dark areas.</p>
Too yellow	<p>Under-developed lightener.</p> <p>Base too dark.</p>	Take a strand test and re-lighten.
Too red	Hair under-lightened.	Take a strand test and re-lighten.